



# Irritable bowel syndrome IBS

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*Oktatás, kutatás,  
gyógyítás: 250 éve az  
egészség szolgálatában*

- ↪ chronic, functional GI-tract disorder
- ↪ with chronic abdominal pain
- ↪ with altered bowel habits
- ↪ without any organic disease
- ↪ 10-15 % of adults/adolescents have symptoms consistent with IBS
- ↪ most commonly diagnosed GI-conditions
- ↪ associated with increased health care costs
- ↪ second highest cause of work absenteeisms



# 1. prevalence:

1. North-America: appr. 10-15%
2. with wide variation by geographic region
3. prevalence is 25% lower in aged over 50 compared with younger population
4. in women higher than in men

# 2. associated conditions:

fibromyalgia, chronic fatigue, GERD, functional dyspepsia, non-cardiac chest pain, major depression, anxiety, somatization



- ↪ Clinical manifestations
- ↪ chronic abdominal pain
- ↪ altered bowel habits
- ↪ diarrhea
- ↪ constipation

